

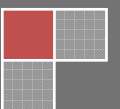
2010

# IDA MAE CAMPBELL FOUNDATION

## Peer Run Agencies in the DMV

The consumer led [Ida Mae Campbell Wellness & Resource Center](#) supports individuals receiving mental health services to take a more active role in their own recovery and to enhance their ability to participate fully in the community. It offers a range of peer supported activities including work enhancement skills and computer training, wellness/recovery workshops, and social interaction with peers. It also provides information about consumer legal rights and responsibilities and other community resources.

IDEN CCAMPBELL-MCCOLLUM  
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07/1/2010



**PEER RUN SERVICES IN THE DISTRICT, MARYLAND & NORTHERN VIRGINIA**

Ida Mae Campbell Wellness & Resource Center	1338 N. Capital Street, N.W. Suite 101 Washington, DC, 20002	866-851-4945 or (202) 684-7015
Consumer Action Network	1300 L Street, N.W. Suite 1000 Washington, DC 20005	(202) 842-0001
The Recovery Group	P.O. Box 76050 Washington, DC 20013	(202) 758-5575
Consumer Leadership Forum	1313 New York Avenue N.W. Washington, DC 20005	(202) 737-6191
University legal Services/DC Jail Advocacy Project	220 I Street N.E. Suite 130 Washington, DC 20002	(202) 547-0198
Helping Other People through Empowerment /Wellness and Recovery Center	1426 E. Fairmount Ave. Baltimore, MD, 21231	(410) 327-5830
Laurie Mitchell Employment Center	6295 Edsall Road Alexandria, VA, 22312	(703) 461-3886
Reston Drop-In Center, Inc.	1820 Michael Faraday Drive Reston, VA, 20190	(703) 437-5105
Silver Spring Drop-In Center	7961 Eastern Avenue, First Floor Silver Spring, MD, 20910	(301) 589-2303 ext. 108
THE JAA FOUNDATION Inc	2275 research blvd suite 500 Rockville, MD, 20850	(301) 518-4343
Trillium Drop-in Center	13184 Center Pointe Way Woodbridge, VA, 22192	(703) 763-3865
Helping Other People through Empowerment /Wellness and Recovery Center	1426 E. Fairmount Ave. Baltimore, MD, 21231	(410) 327-5830
Arlington Recovery Empowerment Center, Inc.	901 South Highland Street Arlington, VA 22204	(703) 685-0481

# Community Services Agency

The DC Community Services Agency is the District government's direct provider of mental health services and acts as a safety net for uninsured residents. It also operates a pharmacy for consumers in our network who have no pharmacy benefits and are unable to pay for their medications. DC CSA is a core service agency certified under the Mental Health Rehabilitation Services (MHRS) Standards.

## Who We Serve

We provide multilingual services to adults, children and their families in neighborhood sites across the District. Consumers with co-occurring chemical dependency and/ or developmental disability, as well as individuals with profound hearing loss can receive mental health services at the DC CSA.

## What We Do

Services integrate the strengths of family relationships, respond to individual cultural differences, and incorporate the special needs of each family into treatment plans. The CSA provides prevention and education services, and uses many treatment interventions including counseling, medication, and other rehabilitation services.

It is easy to contact us. Service is available the same day or by appointment. We offer convenient evening and Saturday hours. Call (202) 442-4202 for an appointment, or select a [CSA community-based center](#) for its address, services, languages spoken other than English, and hours for walk-in service. For emergency services, please call the Comprehensive Psychiatric Emergency Program at (202) 673-9308 or call the Access HelpLine at 1 (888) 7WE-HELP.

## List of Community Based Service Providers

The Department of Mental Health (DMH) ensures DC residents receive high quality mental health services through a certification program for mental health service providers. DMH certifies that a community-based mental health service provider is qualified to deliver Mental Health Rehabilitation Services (MHRS) that are reimbursable through Medicaid and meet federal guidelines. Only certified providers may participate in the MHRS system.

An individual seeking mental health services through the Department of Mental Health can choose from a list of 27 certified community based providers who provide diagnostic/assessment, medication, counseling, and community support. The list of certified providers is below.

Affordable Behavioral  
Consultants

Christine  
Williams

1400 Mercantile  
Lane,  
Suite 206  
Largo, MD 20774  
212 Riggs Rd., NE  
20011

(301) 386-7722  
(202) 636-4520

[christine.williams@abccares.net](mailto:christine.williams@abccares.net)

Yes

Anchor Mental Health	Denise Capaci	1001 Lawrence St., NE 20017	(202) 635-5900 <a href="mailto:denise.capaci@catholiccharities.org">denise.capaci@catholiccharities.org</a>	No
Capital Community Services, LLC	Carroll Parks	1310 Southern Ave., SE	202-574-5444 <a href="mailto:Cparks@unitedpsych.com">Cparks@unitedpsych.com</a>	No
Community Action Group	Janice Gordon	801 PA. Ave., SE	(202) 373-6055 <a href="mailto:JGordon@communityactiongroup.org">JGordon@communityactiongroup.org</a>	No
Community Connections, Inc.	Helen Bergman	801 Pennsylvania Ave., SE 20003	(202) 546-1512 <a href="mailto:hbergman@ccdc1.org">hbergman@ccdc1.org</a>	Yes
Family Matters of Greater Washington	Tonya Jackson Smallwood	929 L Street, NW 20036	(202) 289-1510 <a href="mailto:tsmallwood@fcsdc.com">tsmallwood@fcsdc.com</a>	Yes
Family Preservation	Rick Smith	810 Potomac Ave., SE. Second floor 20003	(540) 761-7999 (202) 543-0387 <a href="mailto:rsmith@fpscorp.com">rsmith@fpscorp.com</a>	Yes
Fihankra Place, Inc.	Kelvin Elmore	2041 Martin Luther King Ave., SE Suite #205 20020	(202) 547-8450 <a href="mailto:kelmor@fihankraplace.org">kelmore@fihankraplace.org</a>	Yes
First Home Care Corporation	Rose Bruzzo	1012 14th St., NW, #1400 20005	(202) 737-2554 <a href="mailto:rose.bruzzo@absfirst.com">rose.bruzzo@absfirst.com</a>	Yes
Green Door	Judith Johnson	1221 Taylor St., NW 20011	(202) 464-9200 <a href="mailto:judith.johnson@greendoor.org">judith.johnson@greendoor.org</a>	No
Hillcrest Children's Center	Juanita Price	1408 U Street, NW Suite 8	(202) 232-6100 <a href="mailto:Jprice@hillcrestchildrenscenter.org">Jprice@hillcrestchildrenscenter.org</a>	Yes
LAUNCH, LLC	Rhonda Baskerville	6856 Eastern Ave., NW, Suite 286	(202) 723-6600 (202) 291-0951 <a href="mailto:Rhonda.Baskerville@LAUNCH4change.com">Rhonda.Baskerville@LAUNCH4change.com</a>	Yes
Latin American Youth Center	Carlos Vera	1419 Columbia Rd., NW	(202) 319-2225 <a href="mailto:carlos@layc-dc.org">carlos@layc-dc.org</a>	Yes
Life Stride	Joyce L. Drumming	3005 Bladensburg Rd., NE	(202) 635-2320 <a href="mailto:ldrummy@earthlink.net">ldrummy@earthlink.net</a>	Yes
Mary's Center	Maria Gomez	2333 Ontario Road, NW	(202) 483-8319 <a href="mailto:mgomez@marysCenter.org">mgomez@marysCenter.org</a>	Yes
MD/DC Family Resource	Leonard Bivins Dr. Beth Crawford	6192 Oxon Hill Rd., Oxon Hill, MD/ 903 Brightseat Road	(301) 567-8311 (301) 333-2980 <a href="mailto:lbivins@mfrinonline.com">lbivins@mfrinonline.com</a> <a href="mailto:bcrawford@mfrinonline.com">bcrawford@mfrinonline.com</a>	Yes

Landover,  
MD

McClendon Center	Dennis Hobbs	1313 New York Ave., NW	(202) 737-6191 (202) 745-0073 <a href="mailto:dhobb@mcclendoncenter.org">dhobb@mcclendoncenter.org</a>	No
Mental Health Services Division	Dr. Michael Biernoff	35 K St. NE 20002	(202) 671-4027 <a href="mailto:Michael.Biernoff@dc.gov">Michael.Biernoff@dc.gov</a>	Yes
Neighbors Consejo	Judy Diaz	3118 16th St., NW	(202) 234-6855 <a href="mailto:Judy@neighborsconsejo.org">Judy@neighborsconsejo.org</a>	No
Progressive Life	Dr. Laurence Jackson	1704 17th Street, NE	(202) 842-2016 <a href="mailto:ljackson@plctu.org">ljackson@plctu.org</a>	Yes
PSI	Elizabeth Abramowitz	770 M St., SE	(202) 547-3870 (301) 654-3903 <a href="mailto:eabramowitzi@PSIfamilyservices.com">eabramowitzi@PSIfamilyservices.com</a>	Yes
Psychiatric Center Chartered	Ellire Hall	3001 Bladensburg Rd., NE	(202) 635-3577 <a href="mailto:ehall@psych-center.com">ehall@psych-center.com</a>	No
RCI-DC Counseling Center	Dr. David Zahm	2526 Pennsylvania Ave., SE	(202) 581-6328 <a href="mailto:dzahm.rci.corp@verizon.net">dzahm.rci.corp@verizon.net</a>	Yes
Scruples Corporation	Sharon Yorke-Cyrus	2811 Pennsylvania Ave., SE	(202) 581-2457or 2455 <a href="mailto:Sharon.cyrus@scruplescorporation.org">Sharon.cyrus@scruplescorporation.org</a>	Yes
Universal Healthcare Management Services, Inc.	Terry N. Patterson	3230 Pennsylvania Ave., SE, Suite 213	(202) 583-1183 <a href="mailto:tpatterson@uhmsdc.com">tpatterson@uhmsdc.com</a>	Yes
Volunteers of America Chesapeake	Jim Sents	7901 Annapolis Rd., Lanham, MD 1330 New Hampshire Ave., NW Suite B4	(301) 459-2020 <a href="mailto:Jsents@voaches.org">Jsents@voaches.org</a>	No
Washington Hospital Center/Behavioral Health Service	Dr. Lourdes G. Griffin	216 Michigan Ave., NE	(202) 877-6333 <a href="mailto:lourdes.g.griffin@medstar.net">lourdes.g.griffin@medstar.net</a>	No

## **Office of Consumer and Family Affairs**

### **Protection of Consumer Rights**

The Office of Consumer and Family Affairs works to see that the rights of people with mental illness are protected and to encourage and facilitate consumer and family input into all aspects of an individual's treatment and plan for recovery. The Office produces the [Consumer Rights Statement\\*](#) and works with community based providers to adopt similar policy statements. It also develops initiatives to support peer counseling, wellness/recovery living, crisis planning and family support to promote self-determination.



### **Advocacy and Peer Support**

The Office of Consumer and Family Affairs works with consumer led advocacy groups to help consumers and their families understand their illness, their rights and services available through the public mental health system. It sponsors regular peer specialist training to empower self-advocacy. It also organizes the annual Olmstead Conference to promote community integration and to address barriers to community based treatment and supports.

### **Policies, Rules and Procedures Governing Consumer Rights and Protection**

The Office and Consumer and Family Affairs assures federal and District consumer safeguards through promulgating and updating rules on consumer rights and grievance procedures. The Office also develops and analyzes data from the annual consumer grievance report to detect trends or practices that require focused attention.

### **Grievance and Dispute Resolution**

The Office of Consumer and Family Affairs manages and oversees the [grievance and dispute resolution process\\*](#). It reviews all formal grievances whether services are received from government operated programs, community mental health providers or Saint Elizabeths Hospital and monitors compliance with agreed upon resolutions.

The Office of Consumer and Family Affairs is located at 64 New York Avenue, NE, 4th Floor, Washington, DC 20002. For help or more information, contact Director Vivi Smith at (202) 673-4377 or email [Vivi.smith@dc.gov](mailto:Vivi.smith@dc.gov).

## Access HelpLine

The Access HelpLine at 1 (888) 7WE-HELP or 1-888-793-4357 is the easiest way to get connected to services provided by the Department of Mental Health and its [certified mental health care providers](#). This 24-hour, seven-day-a-week telephone line is staffed by mental health professionals who can refer a caller to immediate help or ongoing care. The Access Helpline can activate [mobile crisis teams](#) to respond to adults and children who are experiencing a psychiatric or emotional crisis and are unable or unwilling to travel to receive mental health services.



Call the Access Helpline to:

- Get emergency psychiatric care
- Help with problem solving
- Determine whether to seek ongoing mental health services or other types of services
- Find out what services are available

Young people can call the Access Helpline for help dealing with the drama of family, death, school, drugs, gangs and violence. We can help you sort out and manage feelings of hopelessness, anger, grief, stress, or whatever is troubling you.

## Adult Services

Adults who need help mental health services and supports can choose from a number of [community based private providers](#). You can contact the provider of your choice directly or you can call the ACCESS Helpline at 1-888-793-4357 and talk with a mental health professional who will guide you through the process.

The Department 's goal is to deliver mental health services that promote recovery, respect cultural and linguistic diversity, and are choice-driven through the [Mental Health Rehabilitation Services\\*](#) system for community based care or MHRS. The MHRS system is based on individualized services and supports.

Services include diagnostic/assessment services, counseling, medication, intensive day treatment, and crisis/emergency services. Individualized mental health services are supported by rehabilitation programs, peer supports, supportive employment opportunities, housing assistance and a range of community housing alternatives to facility-based care.

- **Serving Individuals With Unique Needs**

DMH provides mental health services and supports to unique populations, including individuals who are deaf/hearing impaired, limited or no [English speaking](#), or who have co-occurring intellectual disabilities. For an appointment, please call (202) 442-4202 or the ACCESS Helpline at 1-888-793-4357.

- **Same Day Urgent Care**

You can walk into a clinic and be seen the same day without an appointment from 8:30 am to 3:00 pm. Services include assessment, counseling, psychiatric evaluation and medication management. You may be referred to a community provider for ongoing care. If you have questions, please call (202) 442-4202.

- **Pharmacy Services**

Individuals who are uninsured can get prescribed medication at the DMH pharmacy located at 35 K Street NE. The pharmacy is open Monday through Friday from 8:30 am to 5:00 pm. Prescriptions received before 4:15 pm will be filled the same day. Call (202) 442-4954 if you need assistance.

- **Emergency Services**

Residents experiencing a psychiatric or emotional crisis can be treated at the [emergency facility](#) located on the grounds of the old DC General Hospitals. Crisis beds are available for up to a 14 day stay as an alternative to psychiatric inpatient hospitalization. In addition, a mobile crisis team of clinicians on will treat individuals who are unable or unwilling to go to the emergency care facility in their homes, in the community or on the street. The mobile crisis service can be reached by calling the Access Helpline at 1-888-793-4357.

- **Urgent Care Clinic**

For easy access to mental health services, individuals referred by judges—primarily from misdemeanor and traffic court—who may show signs of mental illness, have been diagnosed as mentally ill, or show signs of both mental illness and substance abuse are seen at an urgent care clinic located on the ground floor of the Moultrie Courthouse. Walk-ins are treated as well. On site services for court defendants—many of whom are homeless—include mental health assessments and medication, if necessary, connection to a community mental health provider for ongoing care, and supportive services such as help with housing and social security benefits. The urgent care clinic is operated in partnership with the DC Superior Court.

- **Adult Forensics**

The Department of Mental Health evaluates the mental health of individuals referred through the criminal justice system and treats individuals found to be not guilty by reason of insanity.

**Pretrial services** assess whether an individual is competent to stand trial on criminal charges, was mentally ill when the offense was committed, and whether mental illness affected his or her behavior so much that he or she should not be held criminally responsible. If a person is determined to be legally incompetent, DMH also assesses what kind of treatment should be given if the person has been found legally incompetent.

**Post-trial** services include the care and treatment of patients found not guilty by reason of insanity. Post-trial services focus on helping patients recover from their mental illness to no longer be a danger to themselves and others.

## **Comprehensive Psychiatric Emergency Program**

The Comprehensive Psychiatric Emergency Program is a twenty-four hour/seven day a week operation that provides emergency psychiatric services, mobile crisis services and extended observation beds for individuals 18 years of age and older. Services can be accessed by telephone or in person.

<b>Location</b>	<b>Phone/Fax</b>	<b>Hours</b>	<b>Manager</b>
DC General Hospital Compound Building 14 1905 E Street, SE Washington, DC 20003	Office: (202) 673-9319 Fax: (202) 698-3171	24 hours a day, 7 days a week	Cynthia Holloway, Director of Crisis and Emergency Services

### ***Mobile Crisis Services***

Mobile crisis services is available from 9 am to 1 am every day and can be activated through the Access Helpline on 1-888-793-4357.

Mobile crisis services teams respond to adults throughout the District who are experiencing a psychiatric crisis whether in the homes or on the street and who are unable or unwilling to travel to receive mental health services.

The teams provide crisis stabilization including dispensing medication and perform assessment for voluntary and involuntary hospitalizations and linkages to other services, such as crisis beds and substance abuse detoxification and treatment. The teams work with family members and the community based mental health provider, if appropriate, to help with follow up.

## Homeless Services

The Department of Mental Health provides services to homeless individuals 18 and older with mental health disorders. Homeless Outreach Teams provide crisis assessment and interventions to homeless persons who may be experiencing a mental health crisis whether on the streets or in homeless shelters.

Outreach Teams are in most shelters weekly and provides expanded day services at the Hermano Pedro Day Program. DMH operates a sobering station during hypothermia season.



As part of its [Homeless Services Strategy\\*](#), DMH helps homeless people who are temporarily or chronically homeless and have mental illness get off the streets and into safe, decent housing where they can get the support they need.

DMH also has programs to help prevent evictions of individuals receiving mental health services.

<b>Location</b>	<b>Phone/Fax</b>	<b>Hours</b>	<b>Manager</b>
64 New York Ave NE, 4th Floor, Washington, DC 20003	Office: (202) 671-0388 Fax: (202) 442-4792	8:15 am – 4:45 pm Monday – Friday Or call the 24 hour Access Helpline 1-888-793-4357	Bob Glennon, Coordinator

## School Mental Health Program

DMH operates a school based program in a growing number of [public and public charter schools](#) that offers prevention, early intervention and clinical services to youth and their families. The US Surgeon General reports one in five children and adolescents experience the signs and symptoms of a diagnosable mental disorder each year, resulting in significant disruptions of school classrooms, increased truancy, increased risk for alcohol and drug abuse and decreased graduation rates.



Mental health clinicians in public schools:

- Complement services already offered to students and families
- Work within existing support services in the schools to help create a safer and more supportive school climate
- Provide supportive services for school teachers and staff. Such services include professional development on a variety of mental health topics, classroom management techniques, and case management.

In addition, mental health program clinicians are on hand in the aftermath of traumatic events affecting the school population.

The Department of Mental Health issues a [School Mental Health Program Evaluation Report](#) that summarizes all activities and provides empirical evidence of the outcomes and impacts of the programs on members of the school community.

In December 2008, The Center for Health and Health Care in Schools at the George Washington University School of Public Health and Health Services issued the [School Mental Health Services for the 21st Century: Lessons from the District of Columbia School Mental Health Program\\*](#) report that assessed the operations of the school mental health program and made recommendations for future directions in practices, policies and systems development.

For more information about the School Mental Health Program, please contact Barbara J. Parks at (202) 698-1871 or email: [barbara.parks@dc.gov](mailto:barbara.parks@dc.gov). For information about employment opportunities, please review [employment opportunities](#) for job postings. Please note that only employment applications received by the Human Resources office can be considered.

## Multicultural Services

DMH provides multilingual and culturally sensitive mental health services to people 18 and older and families from various ethnic and linguistic minority groups. The following multicultural services are offered:

- **Outpatient Program:** This program provides psychiatric assessment, medication, case management, parenting workshops, English as a second language, individual, group, and family counseling. Groups are available for stress management, depression, dance therapy, art therapy, life skills training, and spiritual discussions.
- **Medical Clinic:** The clinic performs physical examinations, and provides followup care for some physical health related problems, EKGs, and laboratory studies for persons receiving treatment at the Multicultural Services Division.
- **School Based Program:** This program offers child and adolescent psychiatric services including a full range of diagnostic evaluation and treatment services to help students adjust to a school environment.
- **Parenting Skills Training (in Spanish, English, and Amharic):** With a curriculum built on the self-esteem of parents and children, the training encourages mutual respect and helps parents communicate with their children. Classes are from 5:30 to 7 pm and offered on a quarterly basis. Child care is provided for children over 2.

We accept walk-in and scheduled appointments. No one is turned away because of an inability to pay.

Location	Phone/Fax	Hours	Manager
35 K Street, NE. 2nd Floor Washington, DC 20002	Main Site Number: (202) 442-4202 Multicultural Direct (202) 442-4877 Fax: (202) 727-0857	M-F 8:30 am – 5 pm Tue. & Thu. to 9 pm	Ismail Korme

## Important DMH Telephone Numbers

Name	Title	Phone
<a href="#">Steve Baron</a>	Director	(202) 673-2200
<b>Mental Health Authority</b>		
<a href="#">Alexis Haynes</a>	Director, Adult Services	(202) 671-3070
<a href="#">Marie Morilus-Black</a>	Director, Child/Youth Services	(202) 671-2900
<a href="#">Michael Neff</a>	Chief, Administrative Operations	(202) 673-7790

<a href="#">Matthew Caspari</a>	General Counsel	(202) 673-7505
<a href="#">Phyllis Jones</a>	Legislative/Public Information Officer	(202) 673-1937
<a href="#">Anne Weiss</a>	Deputy Director, Office of Accountability	(202) 673-2245
<a href="#">Joyce Jeter</a>	Fiscal Officer	(202) 671-3211
<a href="#">Vivi W. Smith</a>	Director, Consumer and Family Affairs	(202) 673-4377
<a href="#">Venida Hamilton</a>	Director, Provider Relations	(202) 671-3155
<a href="#">Dr. Steve Steury</a>	Chief Clinical Officer	(202) 673-2200
<a href="#">Sharon W. White</a>	Grievance Manager	(202) 673-4374
<a href="#">Deon Merene</a>	FOIA Officer	(202) 673-1935
DC CSA Consumer Transition Information Line		1(800) 961-8528
Pharmacy	35 K Street NE	(202) 442-4954
<b>Mental Health Division</b>		
<a href="#">Michael Biernoff, MD</a>	Chief Clinical Director	(202) 442-4100
<b>Saint Elizabeths Hospital</b>		
<a href="#">Dr. Patrick Canavan</a>	Chief Executive Officer	(202) 299-5500
<a href="#">Anthea Seymour</a>	Chief Operating Officer	(202) 299-5150
<a href="#">Beth Gouse</a>	Chief of Staff	(202) 299-5140

**DMH Training Institute**  
64 New York Avenue, NE, 4th Floor  
Washington, DC 20002

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E-mail: [dmh.training@dc.gov](mailto:dmh.training@dc.gov)